

PHYTOHAEMAGGLUTININS IN THE WINGED BEAN: *Psophocarpus tetragonolobus* L.

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Though the presence of phytohaemagglutinin in the winged bean, *Psophocarpus tetragonolobus* was recorded by some workers (Renkonen, 1948; Schertz *et al*, 1960) the varying levels in the different cultivars have yet to be reported (NAS, 1975).

This study reports the phytohaemagglutinin levels in some different edible portions of the winged bean—namely the seeds, tubers and leaves. Phytohaemagglutinin activity was studied in the winged bean extracts, with washed human erythrocytes, by a modification of the serial dilution technique of Liener & Hill (1953). Phytohaemagglutinin activity in the raw mature seeds ranged from 3,200-25,600 haemagglutination units/g. sample, in the eleven cultivars tested. On the contrary, the dried leaves (at 60°C) and fresh tubers showed, comparatively low values of 800 HU/g. and 100 HU/g. respectively. These phytohaemagglutinins were found to be thermo-labile, and were inactivated considerably by the normal moist-heat cooking methods.

Biological significance of the phytohaemagglutinins is manifold, according to Toms and Western (1971). These include, toxicity, inactivation of tumour cells, a therapeutic effect on aplastic anaemia, protection of lymphocytes against nitrogen-mustard, and depression of the immune response in rodents

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References:

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