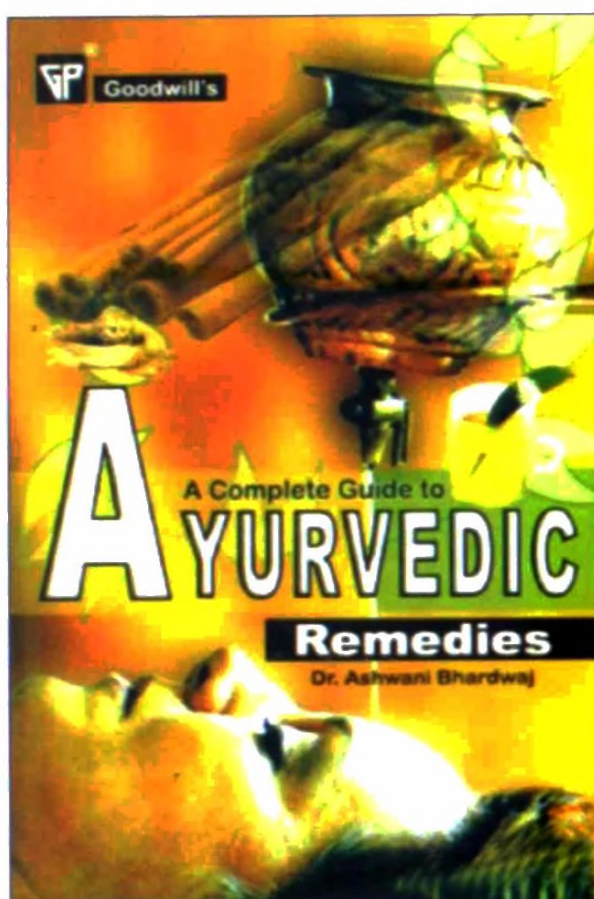


BOOK REVIEWS

A COMPLETE GUIDE TO AYURVEDIC REMEDIES



Author : Dr. Ashwani Bhardwaj
ISBN : 978-81-7245-300-8
Publisher : Goodwill Publishing House (India)

Ayurveda means the "Science of Life". It represents a system of healing that has been used over more than five thousands years. This traditional medicines system is native to the Indian subcontinent.

Ayurvedic medicines are generally harmless and very useful to root out a disease. It takes into consideration the relationship between energy and matter. Even though the modern medicine treats for the afflicted part of body, Ayurveda believes in treating for the individual as a whole.

The book 'A Completed Guide to Ayurvedic Remedies' by Dr. Ashwani Bhardwaj describes many diseases, disease causes and the corresponding Ayurvedic treatment in this book. The content of the book is supported by diagrams at critical points, making it easier for the user to identify the plant species, etc.

The book is very useful for everyone lay persons, who are interested in expanding their knowledge in Ayurvedic medicine, as well as for the medical students, ayurvedic practitioners, etc.

FIGHTING MULTIDRUG RESISTANCE WITH HERBAL EXTRACTS , ESSENTIAL OILS, AND THEIR COMPONENTS

Author : Mahendra Rai and Kateryna Kon
ISBN : 978-01-2398-539-2
Publisher : Academic Press
Price : \$129

Resistance to antibiotic is one of the on going problems relating to infective bacteria. Several thousands die each year due to resistant infections. Multi drug resistant microbial strains is a severe threat to the health globally, and little seems to be done about developing novel antimicrobials. Most anti microbial compounds are derived from natural products, and Botanicals , one such category is thought to offer a number of chemical compounds which combat emerging multi drug resistant microbial strains. This book provides several reviews from eminent researchers on the use of phytochemicals for treating microbial infections resistant to multiple drugs. Essential oils seem to offer the best remedy but for dermatological infections. For researchers interested in the subject , this books will provide much food for thought.

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