

**INSTITUTE OF CHEMISTRY, CEYLON**  
**PANEL DISCUSSION ON**  
**COCONUT IN THE SRI LANKAN DIET**

A Panel Discussion on 'Coconut in the Sri Lankan diet' organized by the College of Past Presidents jointly with the Board of Trustees and the College of Chemical Sciences of the Institute of Chemistry will be held on 30<sup>th</sup> November 2006 at Adamantane House, Kotte Road, Rajagiriya, .

The discussion will be held in two sessions, from 8.30 a.m. to 1.00 p.m.

Topics to be discussed will be on

- Dietary effects of coconut on health, according to the Ayurveda system of medicine
- Coconut and coconut oil in the Sri Lankan diet- effects on cardio vascular disease
- Nutritional aspects of coconut in the Sri Lankan diet
- Antioxidants in coconut oil and coconut cream
- Biochemical aspects of coconut in the Sri Lankan Diet
- Processing of coconut oil, effects on health
- Quality Control of Coconut products used in the Sri Lankan diet
- Contaminants and adulterants in edible Coconut products.

**PROGRAMME**

Professor T W Wikramanayake will be the Chief Guest and Mr. B S P Menids will deliver the Keynote address.

Session 1: Coconut as Dietary Factor- Nutritional Biochemical and Medical Aspects

Chair person / Moderator: Professor E R Jansz, *Senior Professor of Biochemistry, Faculty of Medicine, University of Sri Jayewardenepura*

**Panelists:** Prof A P G Amerasinghe, (*Institute of Indigenous Medicine, University of Colombo, Rajagiriya*) Dr. D P Atukorale, (*Cardiologist*), Professor P A J Perera, (*Biochemist*), Dr Jaanaki Gooneratne (*Food Scientist, Senior Research Officer ITI*), Dr Kapila Seneviratne (*Senior Lecturer, Department of Chemistry University of Kelaniya*)

Session 2: Processing & Quality Control

Chair person/Moderator: Dr Nandani Ediriweera (*Food Technologist & Consultant, ITI Colombo 7*)

**Panelists:** Dr N Marikkar, (*Senior Research Officer, CRI*), Mrs Purasinghe (*Director QC & QA - CDA*), Mr E G Somapala (*Government Analyst*), Speaker from Unilever Sri Lanka Ltd.,

**Registration Fee:** (Early Bird fee will apply until 31<sup>st</sup> October 2006)

I Chem C Members	– Rs.1000/- (Early bird fee – Rs 750/-)
I.Chem.C. Students & Undergraduates	– Rs. 750/- (Early bird fee – Rs 500/-)
All others	– Rs.1500/- (Early bird fee – Rs 1250/-)

Further details from

*The Registrar, Institute of Chemistry, Ceylon*  
*Adamantane House, 341/22, Kotte Road, Rajagiriya*  
*Telephone: 2861653, 4615230 Fax: 2861231*  
*E-mail: ichemc@sltnet.lk*

**Full Time Teaching Assistants**

Applications are invited from **Institute of Chemistry Graduate Chemists and Special Chemistry Graduates** of recognized Universities (with at least a Second Class Honours Lower Division pass) for appointment as **Full Time Teaching Assistants** for the educational programmes of our College at Adamantane House. Preference will be given to Institute Graduate Chemists and Institute of Chemistry members.

Those appointed will be required to work at week-ends but will be entitled to two off-days during the week. An all inclusive honorarium of Rs. 20,000 will be paid.

**Applications**

Applications with full bio-data should be sent to reach the Hony. Dean, College of Chemical Sciences, Adamantane House, 341/22, Kotte Road, Welikada, Rajagiriya not later than **15<sup>th</sup> October 2006**.